



SUICIDE BEREAVEMENT SUPPORT GROUP

(FOR ADULTS 18+)

2nd Monday of the month*

6:00-7:45pm

1905 Springfield Road, Kelowna

Trinity Church, West Entrance off Spall Road

Facilitated by Okanagan Suicide Awareness Society

Suicide support group for those who have lost
a loved one to suicide

OKANAGAN SUICIDE AWARENESS SOCIETY

Kelowna, BC

(250) 300-7990

info@suicideawareness.ca

www.suicideawareness.ca



Facebook Support Group – “**Surviving Our Loved Ones Suicide**”

To join, visit www.facebook.com/groups/solosokanagan

Free support group for
individuals, families and
friends who have lost
loved ones to suicide

This is an opportunity
to connect and share
in a safe and supportive
environment with others
who understand your grief

This group is Drop-In style
and there is no cost to attend

New members welcome
every month

To RSVP or
for more information,
please contact Jenn
call / text (250) 300-7990
or email
info@suicideawareness.ca

RSVP is not required
however appreciated

Monday Meeting Dates

*When a Holiday falls on
the 2nd Monday,
the meeting is set
for the following Monday

Call / text (250) 300-7990
or email info@suicideawareness.ca
for more information on dates